

## 醒水僱主叻外傭

### Smart Boss, Smart Helper – Save Water at home

#### 浴室 Bathroom

- 使用花灑淋浴代替浸浴，並縮短淋浴時間  
Take a quick shower instead of a bath
- 刷牙、洗臉或剃鬚時，應關掉水龍頭  
Turn off the tap while brushing teeth, washing face or shaving
- 善用雙掣式沖廁水箱，避免不必要沖廁  
Use a dual flushing cistern and avoid flushing unnecessarily
- 安裝水龍頭節流器  
Install flow controller on water tap

#### 廚房 Kitchen

- 冷藏食物應預早從冰格放入雪櫃解凍，切勿長開水喉解凍  
Do not defrost frozen food under running water. Defrost it in the refrigerator in advance
- 以容器浸洗蔬菜或碗碟  
Wash the dishes or vegetable in a container
- 將清洗過蔬果的水循環再用來灌溉植物  
Water plants with the same water used for washing vegetable and fruit
- 選用有一級用水效益標籤的洗衣機，並集齊衣物一次過洗濯  
Choose washing machine with Water Efficiency Grade ONE Label, and only run washing machine with a full load
- 以水桶盛載清水及以抹布清潔車身  
Wash car with a bucket of water and a towel

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